

GENIUS KITCHEN

PLUM SORBET

Recipe by Jackie Perez

PREP TIME: 15 mins**TOTAL TIME:** 4 hrs 15 mins**SERVES:** 8

INGREDIENTS

3/4 lb plum, rinsed, pitted, sliced, and unpeeled**1 cup freshly-squeezed orange juice****3 tablespoons sugar****1 tablespoon orange zest**

DIRECTIONS

Combine plums, orange juice, sugar, and orange peel in a blender.

Use the puree button on your blender until it is smooth.

Pour the mixture into a freezer safe dish, and put in your freezer for about 4 hours.

About half an hour before you are ready to eat it, puree it one more time in your blender.

You should keep it in the freezer until you're ready to eat.

NUTRITION INFO

Serving Size: 1 (79 g)
 Servings Per Recipe: 8

AMT. PER SERVING	% DAILY VALUE
Calories 52.5	
Calories from Fat 1	3%
Total Fat 0.1g	0%
Saturated Fat 0.0g	0%
Cholesterol 0.0mg	0%
Sodium 0.3mg	0%
Total Carbohydrate 13.0g	4%
Dietary Fiber 0.7g	2%
Sugars 11.5 g	46%
Protein 0.5g	1%

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