

Wellness Policy Evaluation – Spring 2017

School: Columbine Elementary

Please score each of the following items according to the following criteria. Feel free to add comments and/or specific evidence addressing the goals.

- 4 = Fully Implemented
- 3 = Partially Implemented
- 2 = Not addressed at this time, but have a plan to implement
- 1 = Not applicable

Goal 1: The District will provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors.		4	3	2	1
	<i>The district will adopt K-12 district content standards for health and nutrition education.</i> Comments:		x		
	<i>Encourage instruction in health promoting behaviors (i.e. hand washing, coughing into elbow, etc.)</i> Comments:	x			
	<i>Encourage teachers to integrate health and nutrition education into core curriculum.</i> Comments:	x			
	<i>Encourage activities that promote staff wellness.</i> Comments:	x			
Goal 2: The district will support and promote proper dietary habits contributing to students' health status and academic performance.		4	3	2	1
	<i>The district will continue to encourage healthy nutritional guidelines for school sponsored activities.</i> Comments:	x			
	<i>Schools will encourage healthy options for students including snacks, school sponsored events, rewards, class parties, etc.</i> Comments:	x			
	<i>Encourage schools to offer adequate time for lunch and/or offer recess before lunch.</i> Comments:		x		

Goal #3: The district will provide more opportunities for students to engage in physical activity.		4	3	2	1
	<i>Physical education is an essential component of the academic day. We encourage efforts to increase physical education beyond the current school minimums (Elem - 60 min/wk, MS - 9 wks/year, HS - 1.5 credits)</i> Comments:	x			
	<i>The district will adopt K-12 district physical education content standards.</i> Comments:	x			
	<i>The buildings will encourage physical activity in addition to PE classes including before or after school activities or sports, organized recess, brain gym, etc.</i> Comments:	x			
Goal #4: The Wellness Policy will be monitored and re-evaluated yearly.		4	3	2	1
	<i>The district will designate one or more persons to insure that the School policy is implemented as written.</i> Comments:		x		
	<i>The district will establish a district Wellness Committee that will meet at least twice a year.</i> Comments:	x			
	<i>The appropriate person at each building (Principal or designee) will conduct a review of the progress toward school wellness goals each year and identify areas for improvement.</i> Comments:		x		
	<i>Prepare and submit a yearly report to the District Accountability Committee (DAC) regarding progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.</i> Comments:			x	